

# CARDIAC PET INSTRUCTIONS

**48-Hours Prior** do not take any of the following medications unless instructed by your provider

- Cialis (Tadalafil)
- Dipyridamole (Persantine, Aggrenox)\*
- Levitra (Vardenafil)
- Viagra (Sildenafil)

*\*Verify with your provider that this medication may be held*

## **24-HOURS PRIOR**

**NO caffeine for 24 hours.** This includes, coffee, tea, decaf coffee/tea, soda, chocolate, and some migraine medications such as Excedrin and butalbital-acetaminophen-caffeine. Caffeine will interfere with the results of the test.

## **12-HOURS PRIOR**

Do not take the following medications unless instructed by your provider: Trental (Pentoxifylline) Theophylline (Aminophylline, Theo-Dur, Theo 24, Slo Bid)

## **6-HOURS PRIOR**

Do not eat **6 hours** before your appointment. **Only Insulin diabetics** may have **plain toast 4 hours** prior to the test... Water is ok to drink. No other beverages.

## **THE EVENING PRIOR**

If you take long-acting insulin, take only a half dose the evening before your appointment. If you take short-acting insulin, a regular dose may be taken.

## **THE DAY OF**

Please allow two hours for your appointment. Bring all medications with you. Hold oral diabetic medication and short-acting insulin on the morning of your exam. If you take a morning dose of long-acting insulin, take a half dose. If you use an inhaler, please bring it with you. Wear a comfortable two-piece outfit and do not wear jewelry the day of your test.

*\*You are required to notify our office the Friday before your appointment if you unable to keep your scheduled appointment time.*