

Prostate MRI allows your doctor and the radiologist to closely examine the prostate gland. It is beneficial for detection, staging, and surveillance of prostate cancer. Our MRI equipment enables us to acquire these detailed images **without** the use of an endo-rectal coil and provide you with a more comfortable exam.

## What to expect

- MRI scans of the prostate take about 30 - 45 minutes.
- You will be asked to change into a hospital gown and lay on the MRI table.
- A small needle will be inserted into a vein in your arm or hand so that you can receive contrast.
- The technologist will stay in contact with you throughout the exam.
- After the exam is complete, one of our board-certified, fellowship-trained (prostate MRI) radiologists will review the scan and forward results to your doctor
- Your doctor will review the results with you according to their office protocol

## Prep Instructions

Prior to your exam, one of our schedulers will call to review the following preparations with you:

- Refrain from sexual activity (any ejaculation) 3 days prior
- Bowel prep: **You will need to take a fleet enema** 4 hours prior to your scan
- You may continue to take any medication that you normally take

**Recommended Prep but not required:** Try not to eat a heavy meal the night before and eat very light or fast while performing prep.