

Ordering Provider: _____ NPI #: _____

Phone: _____ Fax: _____

Address: _____ Practice Name: _____

Physician Signature: _____

Patient's Full Name: _____ DOB: _____

Phone: _____ Address: _____

Insurance: _____ Member ID: _____

Clinical Indication/DX: _____ ICD-10: _____

ABDOMEN	CHEST/THORAX	LOWER EXTREMITY	ULTRASOUND
1 view / KUB	Chest PA & Lat	Ankle R L	Upper Abdomen
Flat & Upright	Chest 1 view	Femur R L	Aorta
	Chest with apical lordotic	Foot R L	Breast – uni or bilateral
SPINES	Bilat Ribs/PA CXR	Heel R L	Carotid
Lumbar Spine	Uni Ribs/PA CXR R L	Knee R L	Extremity/non-vascular
Cervical Spine	Infant – Abuse	–AP Standing Knee	–Upper Extremity R L
2v c-spine/Pedi	Scapula R L	–Knee with Sunrise (4v)	–Lower Extremity R L
Lumbar with oblique's	Skeletal Series	Lower Leg R L	Hysterosonography
Sacrum/coccyx	Sternum	Toe R L	OB Biophysical
SI Joints	SC Joints	Infant Hip to Ankle	OB - 1st Trimester <13 wks
Thoracic Spine			OB - Complete >13 wks
			OB - Repeat FU
		UPPER EXTREMITY	OB Multi-gestational
PELVIS	HEAD & NECK	PA Hands Arthritis	Pelvic/Gyn
Pelvis – AP only	Facial Bones	AP Feet Arthritis	Endo-Vag/OB
Pelvis 1hip R L	Mandible	AC Joint – Bilateral	Endo-Vag/Gyn
Pelvis & Bil Hips	Nasal Bones	Bone Age – PA hands	Renal
	Orbits	Clavicle R L	Testicular
	Sinuses	Elbow R L	Thyroid
3D MAMMO	Water's (sinus) 1 view	Finger R L	Venous
Routine Mammo	Skull (CT Advised)	Forearm R L	–Upper Extremity R L
Diagnostic Mammo	Soft Tissue Neck/Adenoids	Hand R L	–Lower Extremity R L
–Left – Right – Bilateral	TMJ's (MRI Advised)	Humerus R L	
		Shoulder R L	CARDIOLOGY
Implants Y N		Wrist R L	Echocardiogram
Last Mammo		Infant Shoulder to Wrist	
			Stress Echo
BONE DENSITOMETRY			Stress Test
Dexa			(treadmill max - 500 lbs)
			OTHER

Examination Instructions

****If your scheduled exam is NOT listed – Preparation is NOT required.**

- Patients may take necessary medications, brush teeth, eat one or two mints, but may not chew gum.
- Anticipate 1/2 hour for your exam. Your doctor will receive a written report within approximately 24-48 hours.

ULTRASOUND:

- ☐ **UPPER ABDOMINAL/GALLBLADDER/RUQ/AORTA:** Do not eat or drink past midnight the evening before the exam. This reduces the amount of air in the GI tract and allows for the gallbladder to be completely rested and adequately distended.
- ☐ **KIDNEY/BLADDER:** Do not eat 2 hours prior to exam. However, a full bladder exam is also required and done at the same time. DRINK AND FINISH 2 (8 oz) glasses of water prior to exam and do NOT empty bladder.

Water is preferred over any other liquid. NO carbonated beverages.

DRINK AND FINISH 3 (8oz) glasses of water one hour prior to exam time and do not empty bladder before the exam.

☐ **OBSTETRICAL:**

- less than eight weeks: No fluid preparation necessary. (Endovaginal Exam)
- 8-13 weeks: DRINK AND FINISH 3 8oz glasses of water one hour prior to appointment and hold bladder — DO NOT EMPTY
- 14 weeks-term: No water preparation necessary. DO NOT EMPTY bladder 30 minutes prior to exam time

☐ **GYNECOLOGICAL (GYN)/PELVIC:**

Endovaginal ultrasound exams are performed for “close up” views of specific structures or abnormalities.

The majority of GYN exams require both approaches for a complete exam. Patients should be prepared to have both full bladder and endovaginal exams.

☐ **MAMMOGRAM:**

Do Not use any powder or deodorant or lotion the day of your exam.
Wear a two- piece outfit.

☐ **BONE DENSITOMETRY:**

Do not take any calcium supplements (ie., multivitamins, tums, etc.) 48 hours prior to your appointment

☐ **CARDIOLOGY:** ☐ Exercise Stress Test ☐ Stress Echocardiogram

You may have a light meal at least 4 hours prior to test. However, do not smoke, drink alcohol, or have any caffeine or decaffeinated products the day of the test. Remember, there is caffeine in coffee, chocolate, soda, and many other products.

If you require medication in the morning, ask your physician if you can take the medication with a sip of water. You may bring your medication with you to take after testing is complete. **Please bring a clear list of your medications with you.**

DO NOT TAKE any beta-blockers (example: Atenolol, Tenormin, Toprol, Lopressor, Metoprolol, Inderal, Coreg, Corgard), for at least 24 hours prior to the exam unless otherwise instructed. You may take your other blood pressure medications.

If you take Viagra, Cialis, Levitra, Staxyn or Stendra please do not take this medication for at least 72 hours prior to the test.

Wear a 2-piece outfit, you will need to undress from the waist up and put on a hospital gown. Please wear sneakers or comfortable shoes (no sandals or slip-on shoes).