

There is very little preparation required for an MRI scan. You can eat, drink and take your medications prior to the scan.

****If you are having your abdomen scanned, you will be asked not to eat or drink up to 4 hours prior to your scan time.***

How should I prepare?

- **The technologist will ask you to remove all metallic items, such as watches, jewelry, hairpins, eyeglasses and hearing aids. A locker will be provided for safe keeping of your valuables**
- **If you suspect you may be pregnant, it is important to inform the doctor and technologist prior to the scan. This will allow a determination to be made to ensure that an MRI is the best exam for your situation. You should not receive any IV contrast for the exam**
- **If you have any of the following: aneurysm clips, artificial heart valve, bullets, cardiac pacemaker, eye/orbits prosthesis, hip or knee prosthesis, insulin pump implant, intracranial bypass graft clips, middle or inner ear prosthesis, shrapnel, wire sutures, surgical mesh, transcutaneous electric nerve stimulation device, and/or a transdermal patch, you must inform your doctor. They must all be reviewed by the technologist and radiologist prior to your scan, to be sure they are safe within the scanner.**
- **If you have ever had an eye injury involving metal, or have been a metal worker, it is important that you inform your doctor and technologist. You may be required to have your eyes X-rayed before having the MRI scan.**

What can I expect during the MRI scan?

- **The technologist will go over your screening questions.**
- **During the MRI, it is important to hold very still, as any movement will cause blurring of the pictures.**
- **During the entire exam you will be able to speak to the technologist through an intercom**
- **You will have the option to listening to music**
- **While the scanner is operating, you will hear a loud knocking noise and may feel a slight vibration which is normal**
- **Most scans range from 30-45 minutes**