

Meet our new doctors!



JUSTIN PLAUM, DO



MANUEL BULAUITAN, MD



Alexia Strzalka, MD and her husband and infant son recently moved to Bedford, NH from upstate New York, where she completed a residency in Family Medicine at Wilson Medical Center in Johnson City, NY.

As a family practice physician, Alexia enjoys providing care to all ages, and particularly enjoys women's health and pediatrics. Active in sports herself, she also has an interest in sports medicine. Dr. Strzalka is currently accepting new patients at the Derry office.

Justin Plaum, DO completed his residency in Family Medicine at The Reading Hospital in Reading, Pennsylvania. He recently moved to Bedford, NH and he and his fiancée will be getting married in September. Justin is also a musician, having played guitar for over 15 years. His love of music spans all genres, as evidenced by his extensive collection of records (yes, I am talking about vinyl).

Dr. Plaum enjoys providing care for people of all ages, and especially likes getting to know several members of the same family. He is welcoming new patients at the Windham office.

Manuel Bulauitan, MD comes from a family of both surgeons and family practice doctors, and chose family medicine as the type of medicine he enjoys the most. Manuel is familiar with the area, after spending four years at Boston University for his Bachelor of Arts degree. He enjoys traveling, particularly to Greece where he can practice his Greek.

Dr. Bulauitan (pronounced Bo-la-ee-tan) will be seeing patients at the Londonderry office starting September 2016, and is looking forward to welcoming you as a new patient.



Wellness Programs & Classes Behavioral Health

Event Updates
Straight Talk About Vaccinations