

Stereotactic Core Biopsy Instructions

You have been scheduled at Derry Imaging Center, 6 Tseinneto Rd, Derry, NH for your stereotactic core biopsy. The following is information which we hope will give you a better understanding of what you can expect the day of your appointment.

Please review the following pre-biopsy instructions.

- 1. If you are taking Coumadin, please inform your physician that you are scheduled for a biopsy and you can discuss with your physician when it is appropriate to stop the Coumadin. It may be necessary to have a blood test before the biopsy is done, so it will be important for Derry Imaging to be aware that you are taking Coumadin. If you are taking Plavix or Aspirin/Aspirin-containing products including Ibuprofen, Motrin, Advil, Excedrin, Alleve & Fish oil they need to be stopped 5 days prior to the procedure. Tylenol is fine to take.
- 2. It is not necessary to restrict eating and drinking before the biopsy. In fact, we recommend that you eat a light breakfast or lunch before coming for the procedure. You can take all your normal medications, with the exception of those mentioned above.
- 3. Wear a snug fitting comfortable bra the day of the procedure to help add support to the biopsy area.
- 4. Please remember, if you had your imaging at a facility other than Derry Imaging Center, we need to have your imaging 24 hours before the day of your procedure. Please call Derry Imaging to discuss this.
- 5. If you are scheduled for a stereotactic core biopsy, it may be determined on the day of your visit, that this biopsy is not amenable to stereotactic technique. In this case, the biopsy may not be performed and alternative options will be discussed.

Your experience at Derry Imaging Center is important to us and we look forward to meeting you. Please remember that we are available to answer your questions. We can be reached Monday – Friday from 8 a.m. to 4 p.m. at 603-537-1377 (Mammography Department).

